## REPRODUCTIVE WELLNESS SUPPORT

Reproductive wellness and male energy are dependent on many factors, including optimal hormonal balance (testosterone and estrogen) and stress tolerance (cortisol and adrenal function). Zahler's **Male Vitality+**<sup>TM</sup> provides a complex support protocol of specific nutrients and co-factors.

## So, How Does Male Vitality+™ Work?

Many of the ingredients in our formula boost numerous pathways to support improved fertility and address both nutritional inadequacy as well as the increased requirements and resulting depletion caused by lifestyle and environmental factors.



Ashwagandha and Shilajit Gum Extract along with Zinc have been associated with improvement in testosterone levels and a reduction in perceived stress. All of the forms of these actives used in our formulation have been clinically evaluated and published for these effects.



Acetyl-L-Carnitine, Folate, Co Q-10, Methyl-B12, and activated Vitamin B-6 as well as natural non-GMO Vitamin E support improvement in sperm motility and energy.



Protection from oxidative damage is supported with Lycopene, Glutathione, CoQ10, Selenium Vitamin E, Zinc, Vitamin C, and Beta-Carotene.



Hormonal Detoxification is supported by **DIM**, **Glutathione** and **Selenium**, as excessive estrogens are potentially toxic to sperm.

## WHY SUPPORT IS NEEDED

Male fertility is a generational challenge and likely the result of a variety of factors including nutritional inadequacies, increased biochemical, physiological and perceived stress, as well as some lifestyle changes such as decreased activity and changes in food quality. Male Vitality+<sup>TM</sup> is a complex formulation designed to support hormonal health, improve detoxification, and provide specific support for sperm quality, energy, motility and protection, as well as improve seminal fluid quality.

## **KEY BENEFITS**

- Vitamin A supports healthy seminal fluid and sperm
- Vitamin D supports spermatogenesis and function
- Vitamin E protects lipids from oxidation, demonstrated to promote motility and outcomes
- Vitamin C works with Vitamin E and supports motility
- Vitamin B-6 supports spermatogenesis and energy
- Vitamin B-12 is a key energy substrate and works with other ingredients
- Folate supports motility and spermatogenesis
- **Zinc** supports motility and spermatogenesis, frequently deficient, supports testosterone
- **Selenium** is essential for healthy sperm development and key to protect sperm from oxidation and toxic metals
- Acetyl-L-Carnitine is a key energy substrate, supports sperm quality and motility

- Ashwagandha aids with stress (cortisol) and supports testosterone and vitality
- Shilajit Gum Extract promotes testosterone, increases uptake of other active ingredients
- CoQ10 is a key energy substrate, promotes sperm quality and motility
- L-Glutathione supports semen and sperm quality - has antioxidant benefits, active metabolite of NAC that has shown better outcomes
- **DIM** inhibits aromatase enzymes,

minimizes estrogens, supports

testosterone

• Lycopene protects sperm from oxidative stress, supports improved sperm concentration, associated with improved outcomes









