

FLORAGLO® LUTEIN: SO MUCH MORE THAN AN 'EYE VITAMIN'

Enhancing health, inside and out

FLORAGLO® LUTEIN HAS WHOLE BODY BENEFITS, SUPPORTING EYE, BRAIN AND SKIN HEALTH— TO BENEFIT THE ENTIRE PERSON.

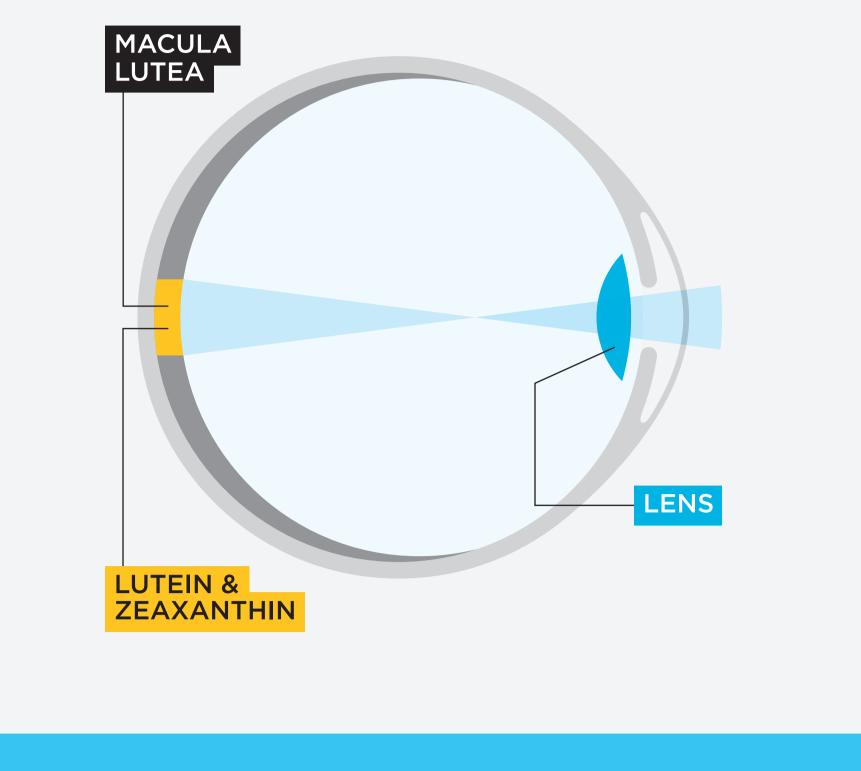
EYE HEALTH MIMIMINI



ANTIOXIDANT BENEFITS TO THE MACULA AND OTHER PARTS OF THE EYE.3

LUTEIN BRINGS PROTECTIVE

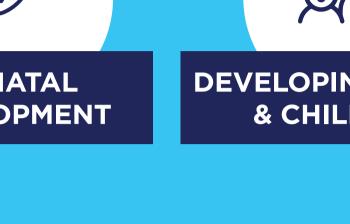




FLORAGLO® LUTEIN BENEFITS EYE HEALTH AT EVERY STAGE:3-6











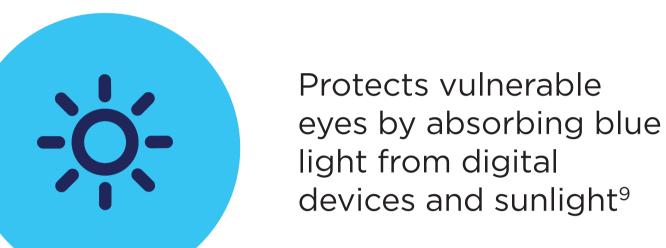
for all ages.

FloraGLO®

Lutein is GRAS⁷



PROVEN EFFICACY



FloraGLO[®] is the most studied lutein,

light from digital





devices and sunlight9

SHOWN TO:10

Density (MPOD)

• Improve visual function

PERFORMED, LUTEIN WAS

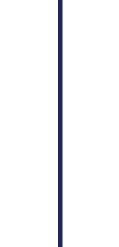
• Increase Macular Pigment Optical

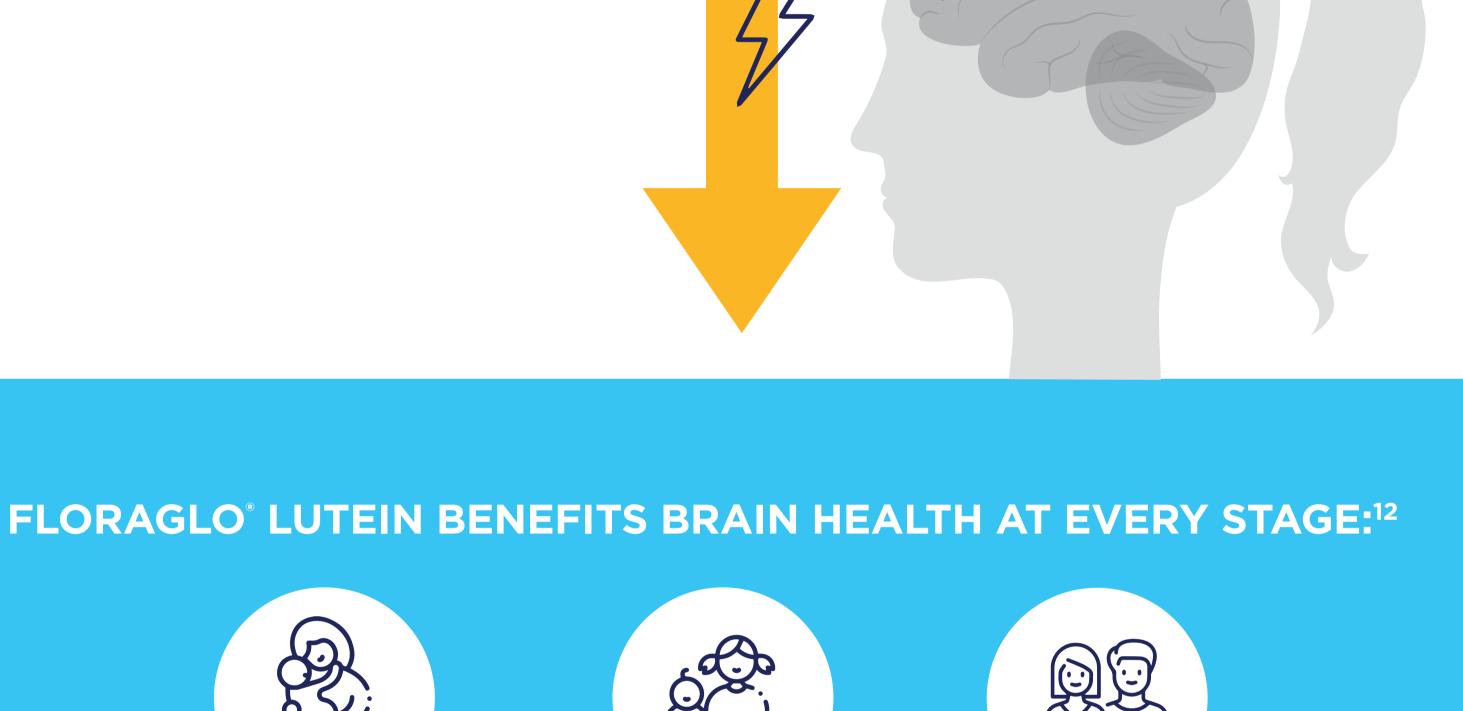
OXIDATIVE STRESS IN CERTAIN BRAIN REGIONS.¹¹

OXIDATIVE STRESS

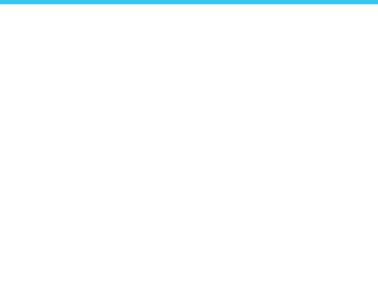
LUTEIN IS AN ANTIOXIDANT

THAT WORKS TO DECREASE





EARLY LIFE NUTRITION DEVELOPING ADULTS OF (MOM & BABY) **INFANTS & CHILDREN ALL AGES**







6 0

REASONING VISUAL MEMORY



COGNITIVE

FLEXIBILITY



COMPLEX

ATTENTION







BLUE LIGHT

SKIN

VISUAL

REACTION TIME

ABSORBER OF BLUE LIGHT.¹⁶

LUTEIN SUPPORTS SKIN HEALTH BY

SERVING AS AN ANTIOXIDANT AND

ADULTS OF ALL AGES

FLORAGLO® LUTEIN BENEFITS SKIN HEALTH:17

INFANTS & CHILDREN



PROVEN EFFICACY

00000

HYDRATION & ANTI-WRINKLING DECREASE IN ELASTICITY¹⁸⁻²⁰ PROPERTIES¹⁸⁻²⁰ **SKIN LIPID** PEROXIDATION¹⁸⁻²⁰



ABSORPTION

OF DAMAGING

BLUE LIGHT¹⁶

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covers three conditions for all ages; presbyopia, hyperopia, and astigmatism.

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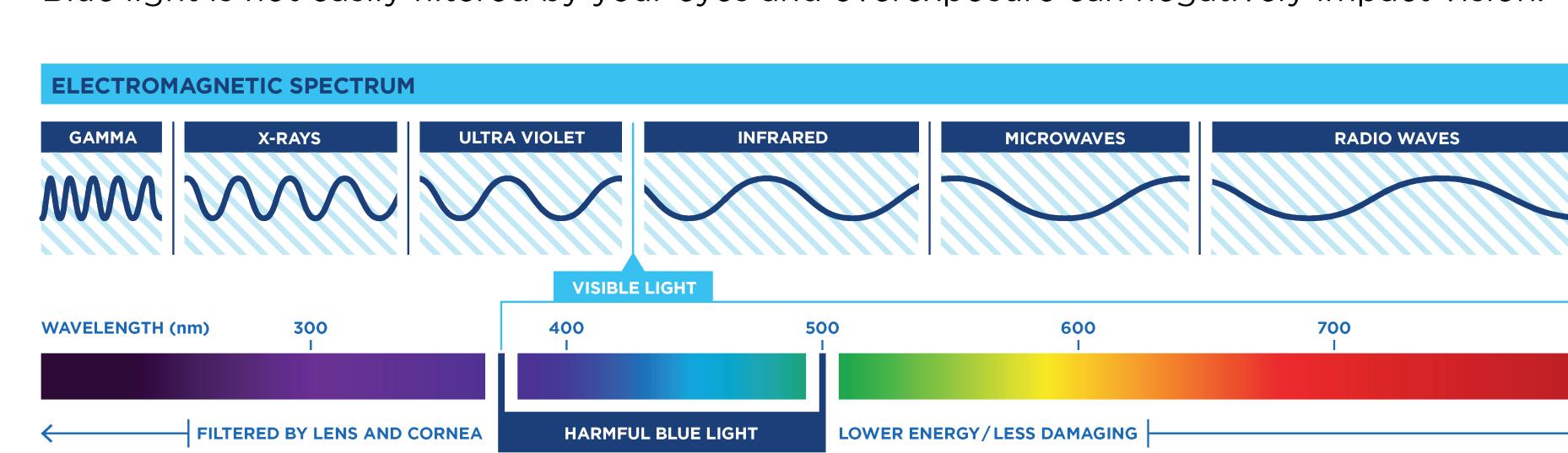
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- Gruszecki WI, Carotenoids in Health and Disease. New York: Marcel Dekker, Inc. 151-163, 2004. ¹⁹⁻²⁰ Both references: Gruszeski et al (1999), The Photochemistry of Carotenoids, Chapter 20, 363-379 and Sies H and Stahl W. (2003).

Non-Nutritive Bioactive Constituents of Plants: Lycopene, Lutein and Zeaxanthin. Int J Vitam Nutr Res. 73 (2), 95-100.



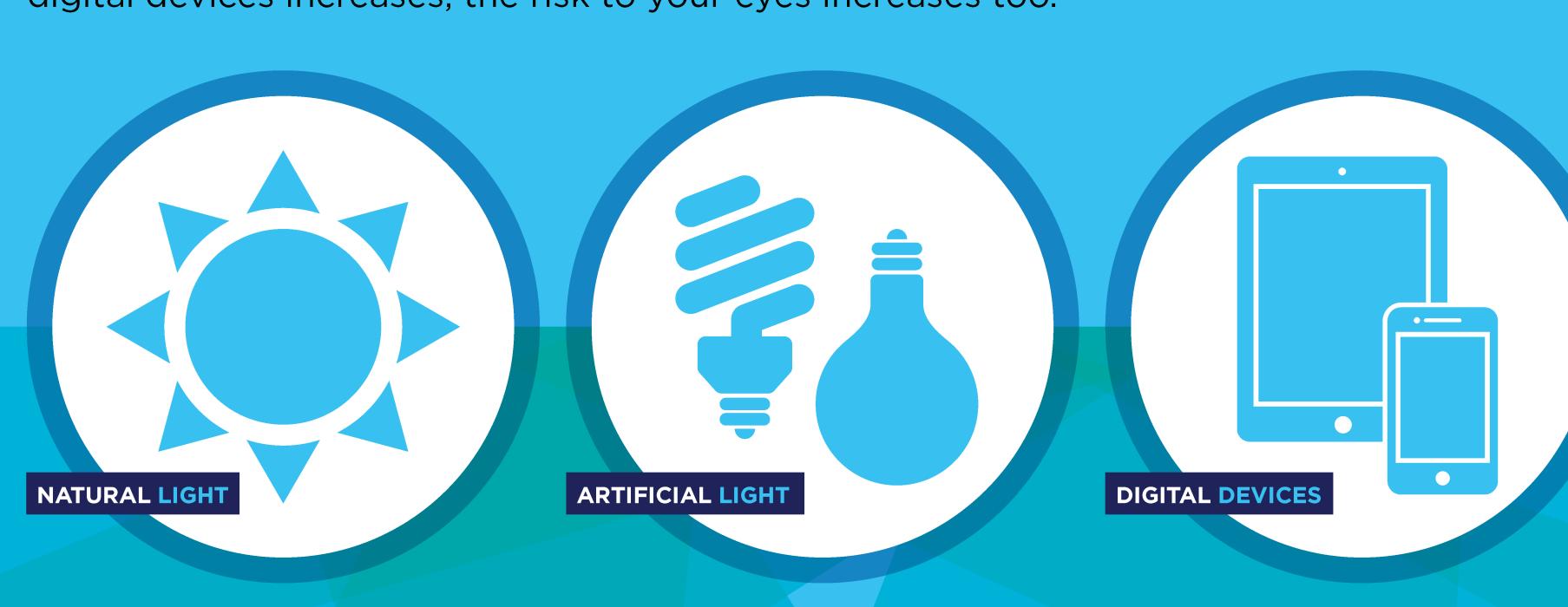
BLUE LIGHT IS THE MOST HARMFUL LIGHT TO OUR EYES AND IT'S ALMOST EVERYWHERE.^{1,2} WHILE IT'S IMPOSSIBLE TO COMPLETELY AVOID EXPOSURE TO BLUE LIGHT, THERE IS SOMETHING YOU CAN DO TO HELP PROTECT YOUR EYES TODAY AND MAINTAIN HEALTHY VISION FOR A LIFETIME.

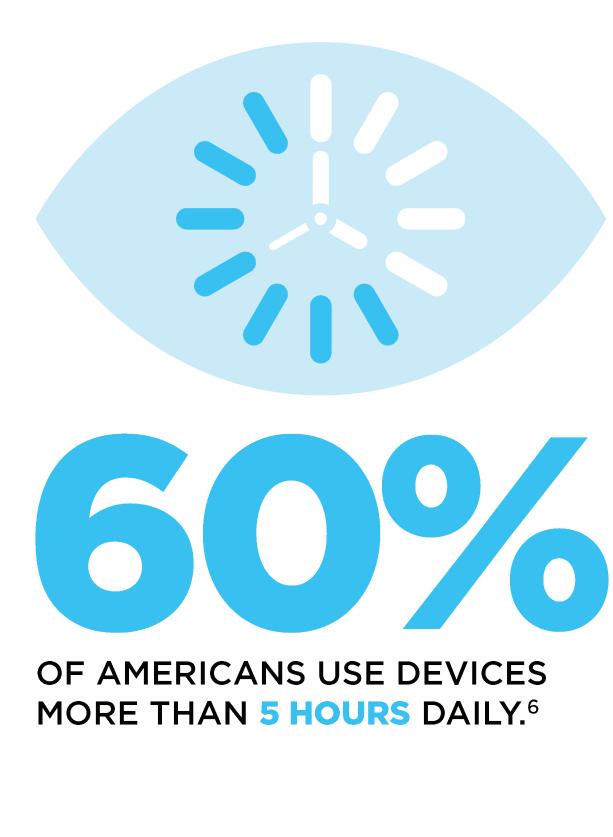
Blue light is a component of visible light and you are exposed to it without even realizing it.^{1,2} Blue light is not easily filtered by your eyes and overexposure can negatively impact vision.^{3,4}

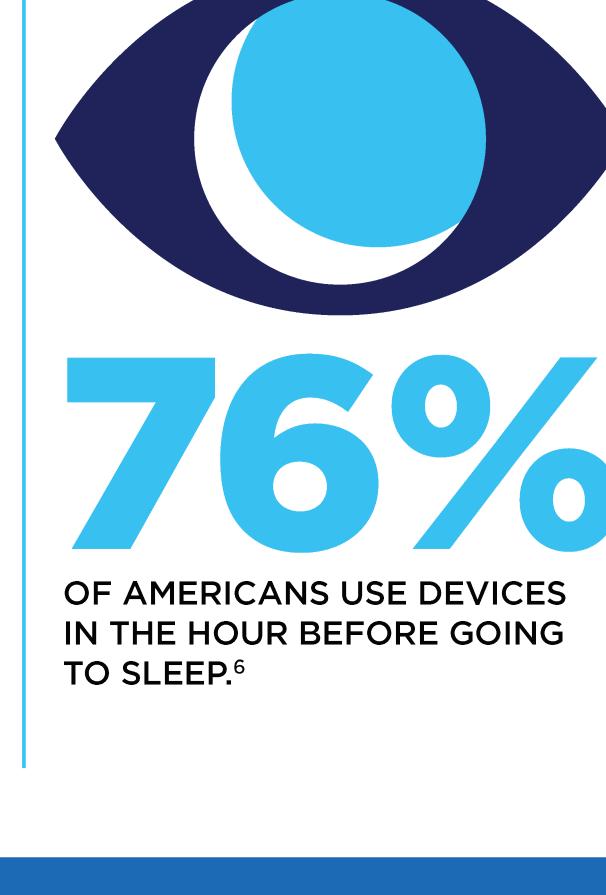


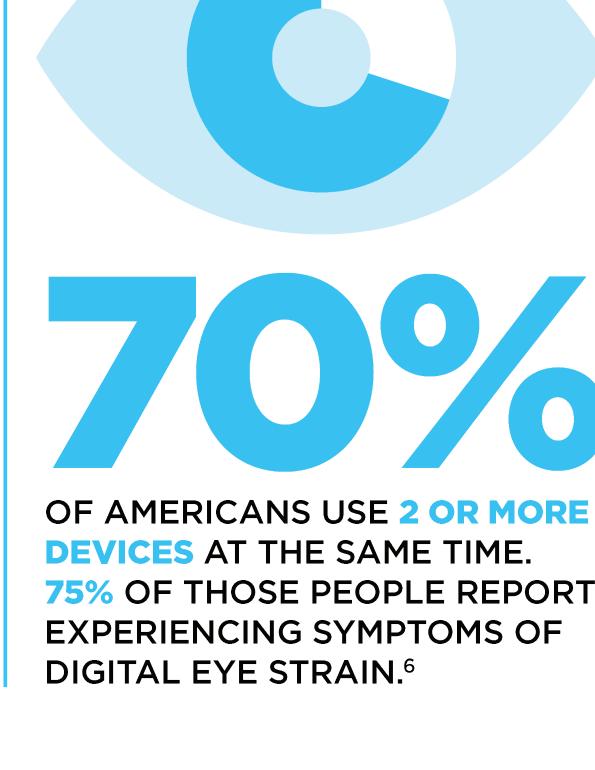
IT'S EVERYWHERE, AND UNAVOIDABLE !!!!!!!!!!!!!!

Nearly every source of light—whether natural or artificial—emits harmful blue light. 1,2,5 Your eyes are exposed to it all day long, both indoors and out and as the use of technology and digital devices increases, the risk to your eyes increases too.^{1,2}

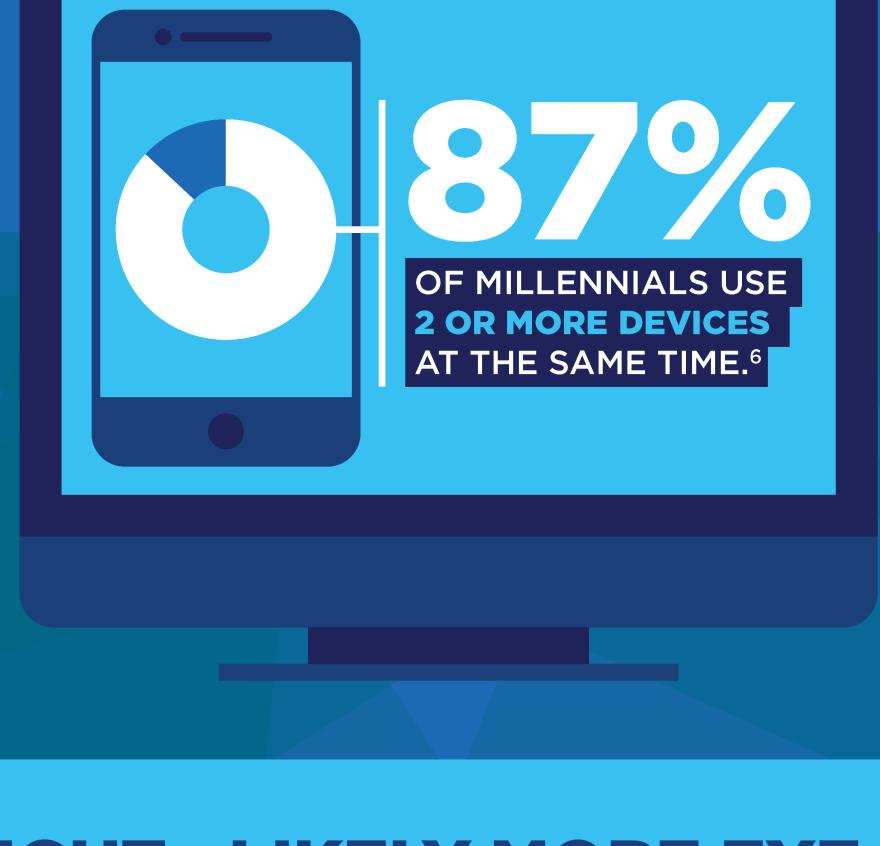


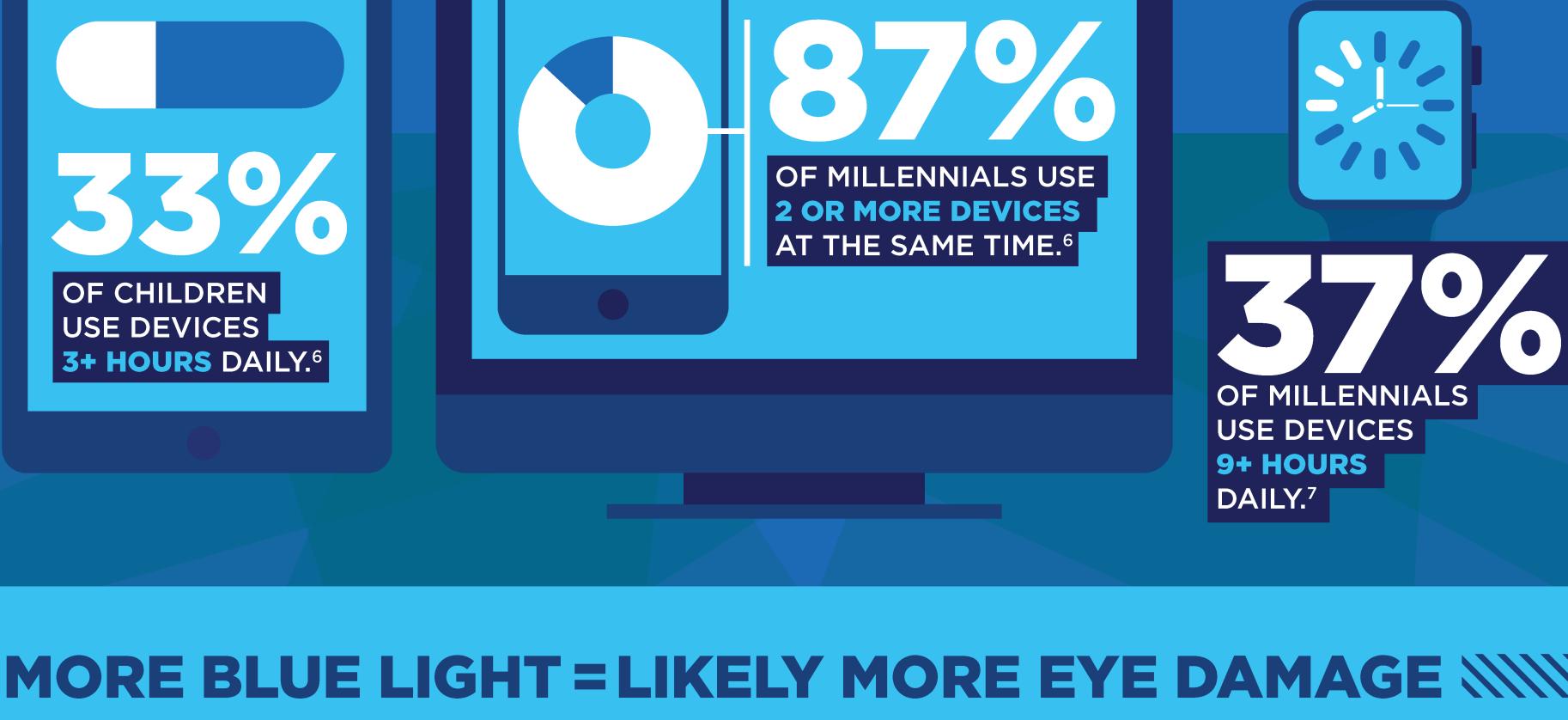












RETINAL DAMAGE

POOR GLARE RECOVERY

in the long term:

Not only could blue light damage your eyes now, but it can possibly affect your vision

BLUE LIGHT SHORT TERM EFFECTS^{6,8,9} LONG TERM EFFECTS^{3,4,10} HEADACHES

EYE STRAIN EYE FATIGUE

DIGITAL EYE STRAIN

BLURRED VISION

DRY EYES

SPINACH

REDUCED VISUAL PERFORMANCE

AGE-RELATED EYE CONDITIONS

your eyes to help filter harmful blue light. 11-13 Unfortunately, your body doesn't make lutein or zeaxanthin so you need to get these important

Make lutein part of your daily routine.

nutrients through food and/or vitamins containing lutein and zeaxanthin.¹⁴ LUTEIN AND ZEAXANTHIN-RICH FOODS / CONTENT PER SERVING¹⁵

Found naturally in certain fruits and vegetables,

that are deposited by your body specifically into

lutein and zeaxanthin are the ONLY nutrients

EGGS

0.3 MG/1 LARGE



CORN

2.4 MG/CUP

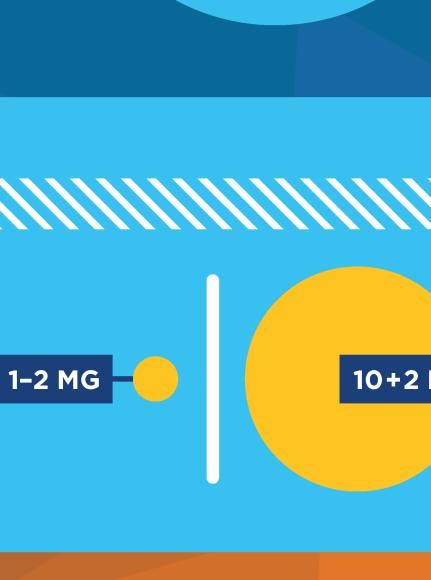
Probably not! Studies suggest that you need 10 mg of lutein and 2 mg of zeaxanthin each day. 16,17 Most people only get 1-2 mg



HUMAN EYE

BLUE LIGHT

LUTEIN &



MAKE YOUR ROUTINE

LOOK FOR VITAMINS CONTAINING FLORAGLO®—THE LUTEIN BRAND PROVEN TO INCREASE LUTEIN LEVELS IN THE EYE.¹⁹





INFORMATION BROUGHT TO YOU BY

References available upon request



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Lutein and Zeaxanthin's Early Role

As lutein and zeaxanthin are transferred from pregnant mom to baby, the nutrients are deposited in specific areas of the fetal body. Lutein and zeaxanthin are present in the developing fetus' retina as early as 17 to 22 weeks.^{20,21} The presence of these nutrients at early stages of life, along with their higher concentration compared to other carotenoids, suggests they may play a role in eye and brain development and protection. When maternal diet is an insufficient source, the case can be made for the addition of these important carotenoids in prenatal supplementation.

Higher maternal lutein and zeaxanthin plasma concentrations at delivery were found to be associated with lower likelihood of poor distance-visual acuity later in the child's life.²⁸



Lutein and Zeaxanthin's Role After Birth

After the baby is born, lutein and zeaxanthin continue to be important as major carotenoids in breast milk.²³ Lutein and zeaxanthin are preferentially secreted in breast milk and their levels are proportional to maternal intake.^{14,23-25} Furthermore, the relative level of carotenoids in the plasma of infants has been found to match the level in breast milk.¹⁴ When diet falls short, supplementation for the breast-feeding mother may be a valuable option.

Low consumption of fruits and vegetables in many parts of the world points to limited lutein intake.^{26, 27}

Major Carotenoid in the Infant Brain

In addition to being found in the retina, lutein represents a majority of the infant brain's carotenoids.²² When comparing the contribution of lutein and zeaxanthin in the infant diet (17% of carotenoids) compared to the level in the infant brain (74% of carotenoids),²² it is clear these nutrients are preferentially deposited.

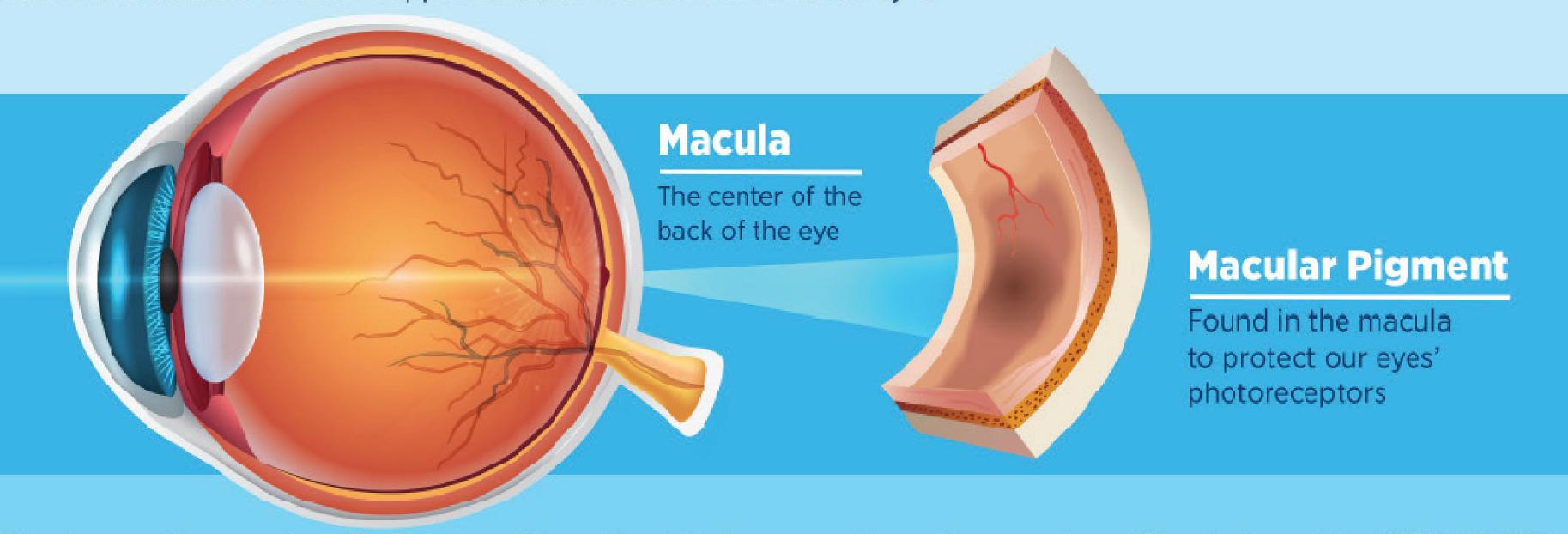


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Macular Pigment Optical Density (MPOD)

Lutein and RR-zeaxanthin accumulate in the eye and the brain to serve as antioxidants that protect cells. The level of lutein and RR-zeaxanthin in eyes is known as macular piment optical density (MPOD). When we consume lutein and RR-zeaxanthin from food and supplements, we increase MPOD in our eyes.



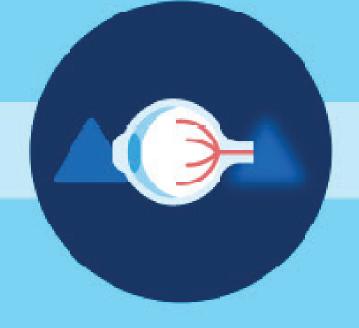
What are the potential benefits of a high macular pigment optical density (MPOD)?



Protects against blue light damage from sun and digital devices



Improves visual reaction time



Increases quality of vision



Improves recovery from high-intensity light



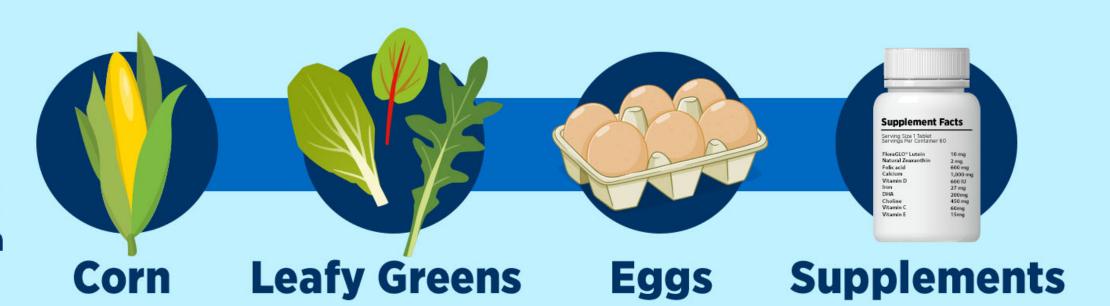
Related to brain lutein and zeaxanthin levels

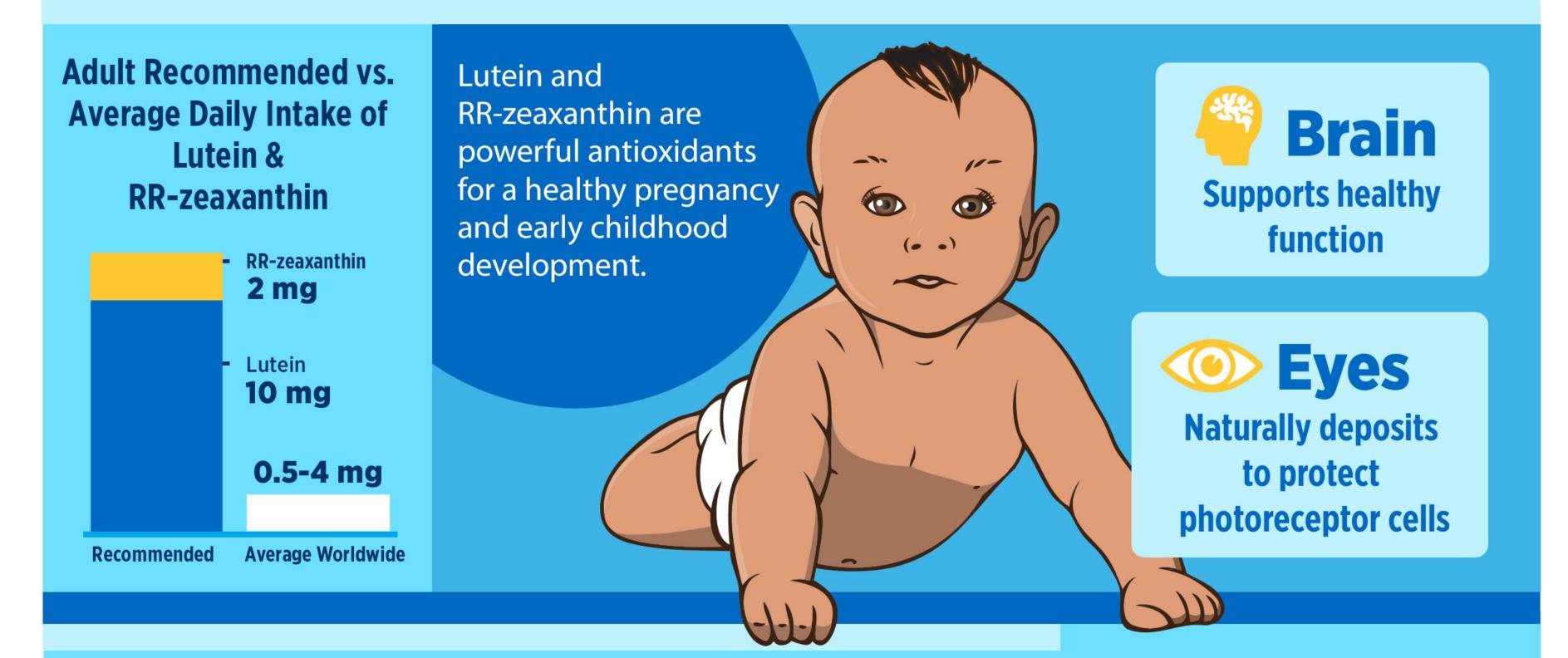


Healthy Eyes and Brain for Mom and Baby: Lutein and RR-Zeaxanthin*

How to get enough lutein & RR-zeaxanthin

The human body can't make lutein and RR-zeaxanthin, but we can obtain them from foods and supplements.







BRAND









Supporting Eye and Brain Health for Mom and Baby

FloraGLO® Lutein and OPTISHARP®/ZeaONE® Natural Zeaxanthin are clinically proven ingredients to support health throughout life-and the earliest stages are no exception. Emerging research has shown that these nutrients may be uniquely beneficial for the developing infant's eyes and brain. Lutein and zeaxanthin are transferred to the developing baby via the cord blood, with the concentrations in the expectant mother's blood increasing during pregnancy as other carotenoid levels remain fairly constant.¹ Many women's diets fall short in food sources of lutein and zeaxanthin, so supplementation during pregnancy and post-partum may be considered.





FLORAGLO® LUTEIN: THE TRUSTED SOURCE

FloraGLO® Lutein sets the standard for supplemental lutein for efficacy, safety and credibility. FloraGLO® Lutein is the only lutein brand that is Generally Recognized as Safe (GRAS) in the US for use in term and pre-term infant formula.³ No other lutein brand worldwide has more science publications supporting its use.⁴ FloraGLO® Lutein has 15 publications covering pregnancy, breastfeeding and preterm or term infants.⁵-¹9 Unlike some forms of lutein on the market, FloraGLO® Lutein provides the same readily absorbed lutein as found in common foods like spinach and kale.















