

IMMUNE-BOOSTING MUSHROOMS

And here I thought mushrooms were meant for sauces and salads. Can mushrooms, some simple fungi, have important health benefits? Why, yes! The modest mushroom has much to offer us. Most notably, mushrooms can be helpful for immune health and cellular function, especially for immunocompromised individuals.

Most people associate immune system function with fighting illnesses like Streptococcus and the common cold in the winter. While that's true, it's only half the truth. The immune system is busy fighting invading organisms all year round. Yet, there are people who struggle with compromised or weakened immune systems. For them, the modest and humble mushroom can provide marvelous health benefits.

MARVELOUS MUSHROOMS

Modern medicine has made many strides. Yet, much of it still originates in nature. In truth, the natural world offers multiple benefits over conventional, synthetic medicine. Although mushrooms have been used for their medicinal properties in the past, science is still discovering potential medicinal benefits in them. Mushrooms are a superfood. An estimated 50% of edible mushrooms have a positive effect on health, and countless studies show different ways that mushrooms can help prevent and treat various conditions. This is besides all the nutritional benefits they offer.

But most exciting is the fact that mushrooms have impressive immune-boosting properties. A clinical study from the University of Florida found that eating Shiitake mushrooms every day improves immunity unlike any other drug available.

An important caveat: It is important to verify the safety of mushrooms before consuming them. Some strains can be poisonous.

FANTASTIC FUNGI

Immune-compromising conditions can cause many hardships in addition to the primary condition. Myco5Defense™ combines the potent benefits of five mushrooms along with Selenium to provide immune-boosting compounds which can help support immunity in this difficult stage. By strengthening a person's ability to fight disease and infection, Myco5Defense™ provides a renewed opportunity to live life to its fullest.



MEDICINAL MUSHROOMS

If mushrooms are so potent and powerful, why not eat a mushroom salad every day? While it is true that superfoods offer many benefits, it is often difficult to eat enough of the food in the proper form to derive the benefits. Myco5Defense™ contains extracts and concentrations from five different mushroom species, as well as Selenium, to provide maximal gains. The MycoFusion™ materials are natural complexes of mushroom compounds which support robust immune function. Glucans activate the natural immunity response, polysaccharides boost identification of pathogens, and phenolic compounds provide antioxidant benefits for healthy tissue.

The 5 Organic Mushrooms Included:



Maitake

MaitakeGold 404® is an extensively researched extract of the Maitake mushroom. It supports a number of basic functions of the immune system without overstimulating it.



Reishi

Reishi mushrooms have been the subject of clinical tests with proven efficacy in boosting immunity and helping the body fight cancer cells and infections. It can also help fight fatigue and depression.



Shiitake

Compounds in Shiitake mushrooms may help fight cancer, boost immunity, and support heart health.



Cordyceps

Cordyceps mushrooms help support immunity by stimulating cells and certain chemicals in the immune system. It may also work against cancer cells and possibly shrink tumor size.



Chaga

Chaga mushrooms are packed with antioxidants and contain strong immune-boosting properties. Its extract may improve immunity and chronic inflammation as well as blood sugar and cholesterol levels.

